

JACK HUNT'S KARATECLUB CLASS SCHEDULE



White



Gold



Green



Purple



Blue



Redstripe



Red



Brownstripe



Brown



1st Stripe



2nd Stripe



Black

CLASS SCHEDULE : Begins September 6, 2011

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 a.m.				all ages: no/white all ages: gold belts		10:00 a.m. all ages: beginner for No belts & White belts
10:30 a.m.				all ages: green and above belts		10:40 a.m. all ages : Gold & Green Belts
4:30 p.m.	kids: purple/blue belts, redstripe belts	all ages: gold, green belts	kickboxing		kickboxing	11:20 a.m. kids: Sparring green & above belts
5:15 p.m.	kids: red & above belts	all ages: brown & above belts	beginner: all ages no belts & white belts	all ages: purple, blue, red stripe belts	all ages: gold, green belts	12:00 p.m. adults: Sparring : green & above belts
6:00 p.m.	adults: gold, green, purple, blue belts, red stripe belts.	beginner: all ages no belts & white belts	all ages: gold, green belts	all ages: brown and above belts class & sparring	all ages: red, brown stripe belts	1:00 p.m. all ages: Foam Swords: green & above belts
6:45 p.m.	adults: red, & above belts	all ages: green, purple, blue, red belts class & sparring	all ages: red belts & above class & sparring	adults: no & white belts		
7:30 p.m.			all ages: black belts			
8:00 p.m.		yoga				

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Karate and kickboxing classes are 45 minutes long. Yoga is a 60 minute class.